

34 Health Care Leaders and Experts Were Involved Peggy Compton UPenn School of Nursing Alan Balch Kathleen Cameron Joe Couto Patient Advocate National Council on Aging Cigna Sean Dickson Joseph DiPiro Robert Dubois Joseph Dye Pew Charitable Trusts VCU School of Pharmacy National Pharma. Council Mark Fendrick Brian Gifford Sally Greenberg Chris Goff UMich Medical School Integrated Benefits Institute Employers Health Mark Hamelburg G. William Hoagland Tom Hubbard Marjorie Jenkins Laura W. Bush Institute for Women's Health Network for Excellence in AHIP Bipartisan Policy Center Health Innovation Rebecca Kirch Esther Krofah Larry Kocot Dan Leonard National Patient Advocate National Pharma. Council Foundation Mary Logan **Ruth Nemire** Jeremey Nobel Mary Kay Owens WomenHeart American Assoc of Harvard Medical School Institute for Healthcare Innovation Strategies Colleges of Pharmacy Thomas Parry Integrated Benefits Institute Eleanor Perfetto Joe Selby John Rother National Health Council National Coalition on Health Care Lynn Shapiro Snyder Kathleen Shoemaker Kevin Sneed Jennifer Stephens Epstein Becker & Green USF College of Pharmacy Pharmerit International Reed Tuckson Alan Weil Tuckson Health Health Affairs Connections

Thought Leader Working Group Consisted of Stakeholders From a Variety of Perspectives

Full-day workshop with 14 thought leaders to review topics

Advisory Organization by Stakeholder Focus

PATIENT FOCUS

- National Patient Advocate Foundation
- Laura W. Bush Institute for Women's Health
- AMCP Foundation



PHARMACIST / PROVIDER FOCUS

- Harvard Medical School
- American Association of Colleges of Pharmacy
- Institute for Healthcare Innovation Strategies



POLICY FOCUS

- Bipartisan Policy Center
- National Coalition on Healthcare
- FasterCures
- Pew Charitable Trusts
- Network for Excellence in Health Innovation

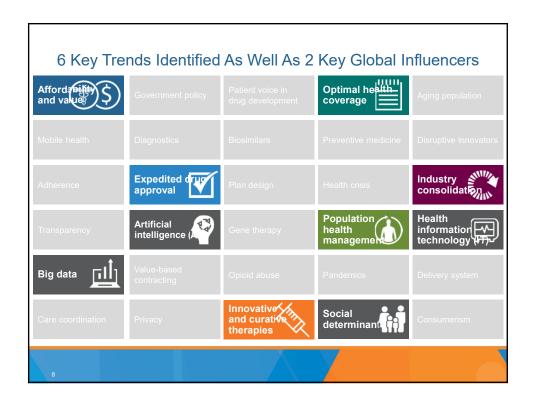


PAYER / EMPLOYER FOCUS

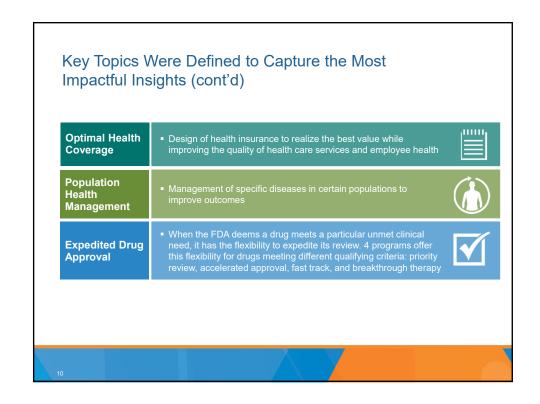
- AMCP
- Integrated Benefits Institute
- AHIF
- KPMG, Center for Healthcare Regulatory Insight



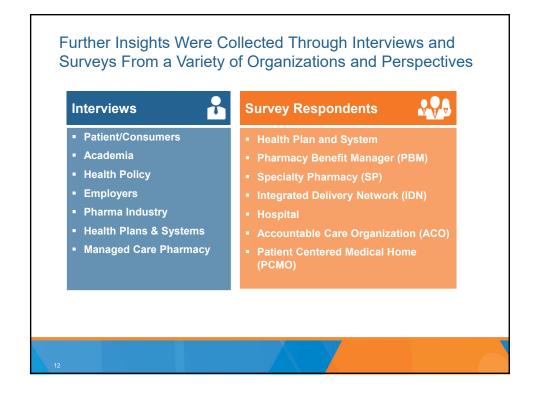
Initial List Included Over 30 Topics					
Affordability and value	Government policy	Patient voice in drug development	Optimal health coverage	Aging population	
Mobile health	Diagnostics	Biosimilars	Preventive medicine	Disruptive innovators	
Adherence	Expedited drug approval	Plan design	Health crises	Industry consolidation	
Transparency	Artificial intelligence (AI)	Gene therapy	Population health management	Health information technology (IT)	
Big data	Value-based contracting	Opioid abuse	Pandemics	Delivery system	
Care coordination	Privacy	Innovative and curative therapies	Social determinants	Consumerism	
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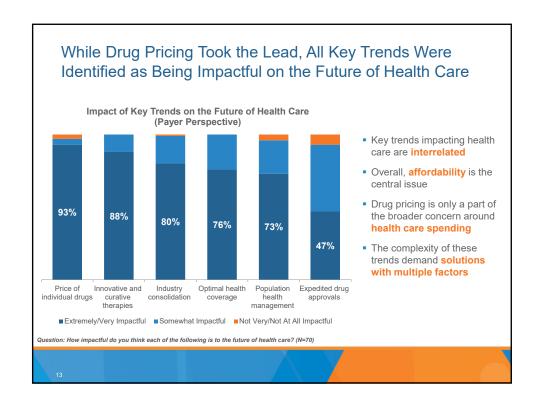


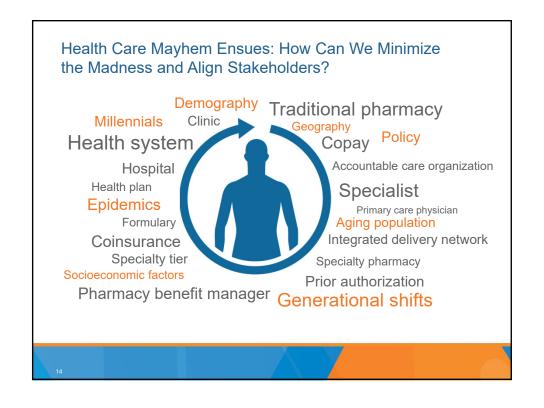
Key Topics Were Defined to Capture the Most Impactful Insights Affordability and Value • Cost of health care, including prescription drugs • Aggregate spending throughout supply chain • Precision medicine • Gene therapy • Biosimilars Industry Consolidation • Consolidation defined is simply bringing together 2 (or more) previously independent entities

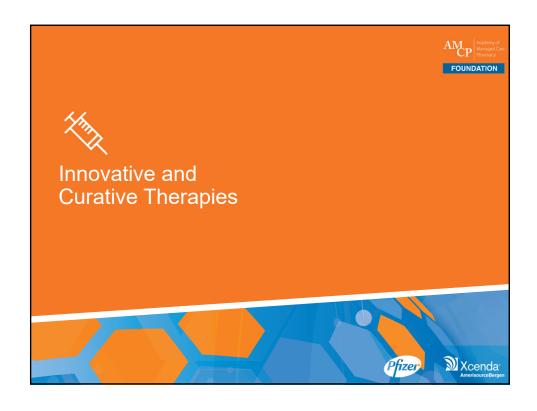


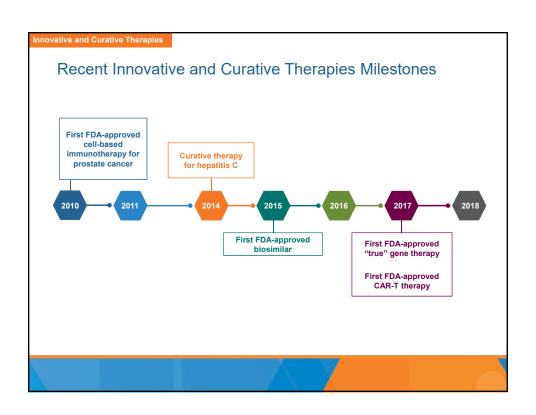
Health IT, AI, and Big Data • Examples may include mining pharmacy and insurance data, using large data sets for treatment plans, and wearables that collect patient information Social Determinants • Conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks

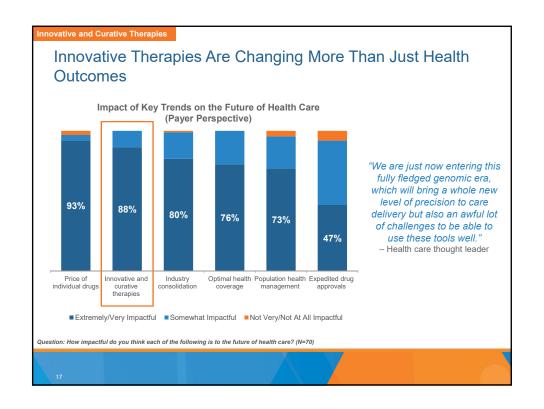


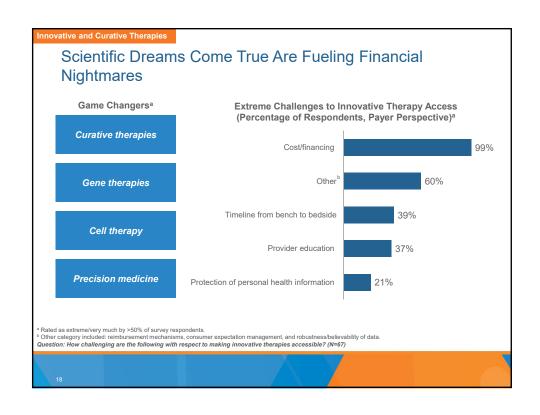


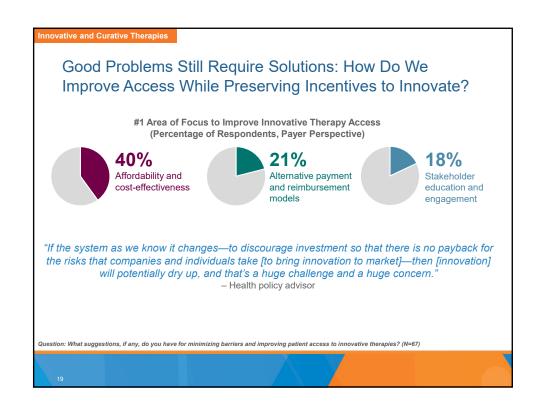


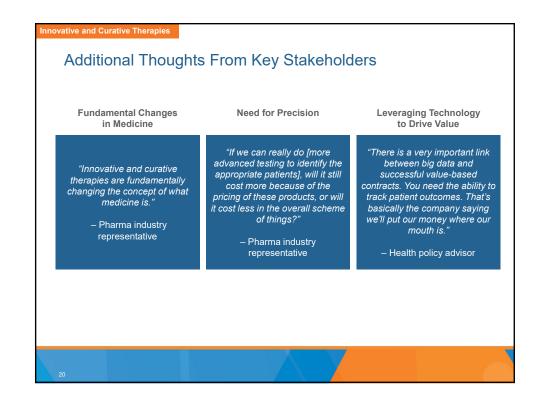




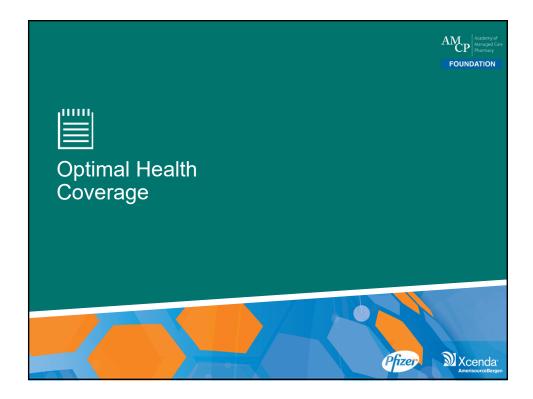


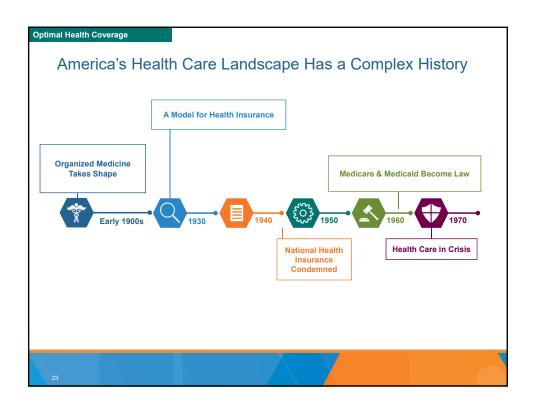


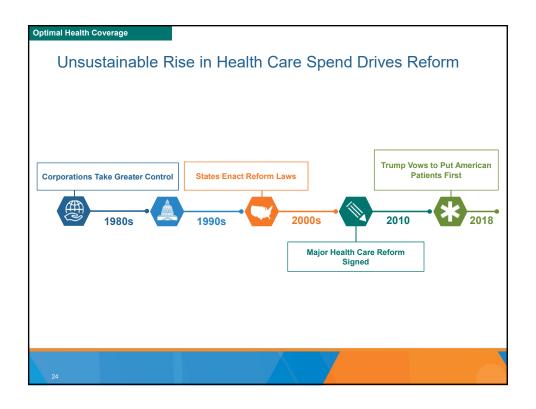












Optimal Health Coverage

While Health Insurance Coverage Is Increasing, Affordability Remains a Challenge



The ACA extended coverage to 20 million Americans, but 12.2% of adults (approximately 27 million) remain uninsured as of the end of 2017¹



According to CMS MIDAS data, average premiums were **105%** higher in 2017 than in 2013²



Average annual premiums were \$6,896 for single and \$19,616 for family coverage in 2018³

Premiums are expected to increase in the individual market by up to 32% in 2019⁴

1. Auter Z. U.S. uninsured rate steady at 12.2% in fourth quarter of 2017. Gallup. https://news.gallup.com/poil/225383/uninsured-rate-steady-fourth-quarter-2017.aspx. Published January 16, 2018. Accessed October 7, 2018. 2. ASPE Office of Health Policy, Individual market premium changes: 2013–2017. https://aspe.hts.gov/poif-report/individual-market-premium-changes-2013-2017. Published May 23, 2017. Accessed October 15, 2018. 8. Kaiser Family Foundation. 2018 employer health benefits survey-section-t-cost-of-health-insurancei. Published October 3, 2018. Accessed October 7, 2018. 4. Covered California. Individual markets nationally face high premium increases in coming years absented action, with wide variation among states. https://hbex.coveredca.com/data-research/library/CoveredCA_High_Premium_Increases_3-8-18.pdf. Published March 8, 2018. Accessed October 15, 2018.

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Optimal Health Coverage

Employer-based Insurance Is an Important Employee Benefit, but Premiums Continue to Increase

In 2017, employer-based insurance covered 56% of the population for some or all of the year¹



45% of employees said that health benefits helped sway them to accept the job²



Workers' contributions have increased disproportionately to the employer's share³

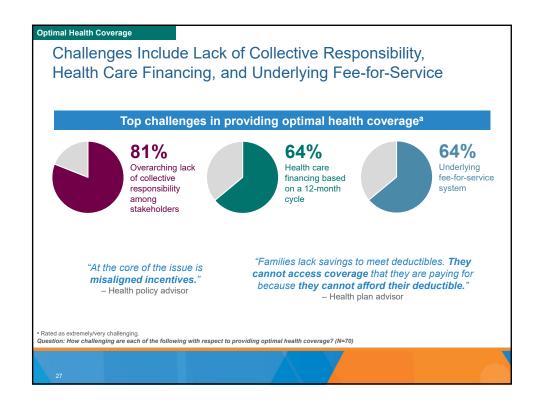
 Since 2012, workers' average contribution for family premiums has increased 32% (from \$4,316 to \$5,714), while the employer's share has increased 14% (\$11,429 to \$13,049)³

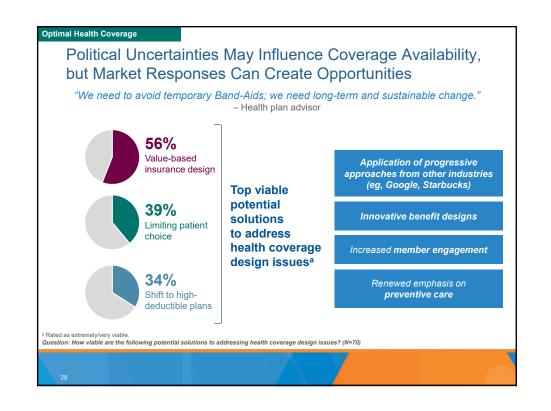
1. Spencer James Group. Cost shifting: change of heart? https://www.spencerjamesgroup.com/cost-shifting-change-of-heart/. Accessed October 15, 2018.

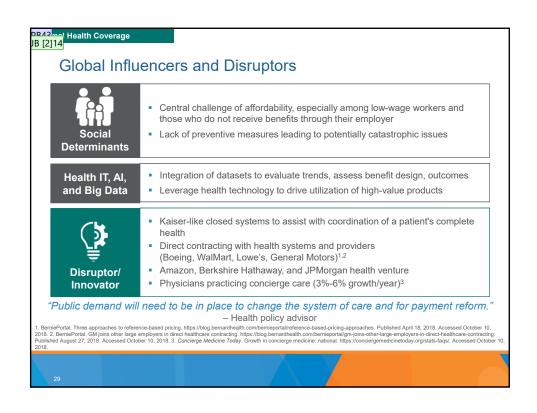
2. Miller S. Workers pay more of rising health costs. Society for Human Resource Management. https://www.shm.org/resourcesandtools/hrtopics/benefits/pages/workers-bear-rising-health-costs.aspx. Published November 3, 2017. Accessed October 15, 2018.

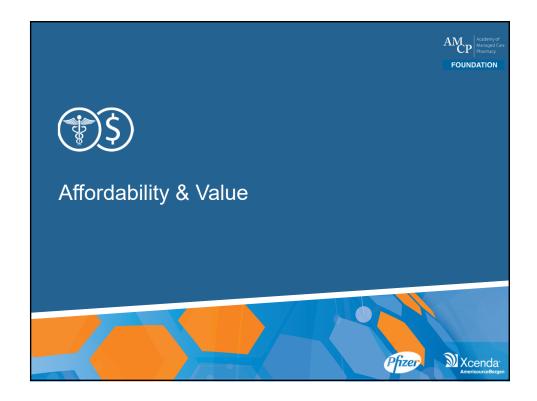
3. Kaiser Family Foundation. Premiums for employer-sponsored family health-coverage rise slowly for sixth straight year, up 3% but averaging \$18,764 in 2017. https://www.kff.org/health-costs/press-release/premiums-for-employer-sponsored-family-health-coverage-rise-slowly-for-sixth-straight-year-up-3-but-averaging-18764-in-2017/. Published September 19, 2017. Accessed October 17, 2018.

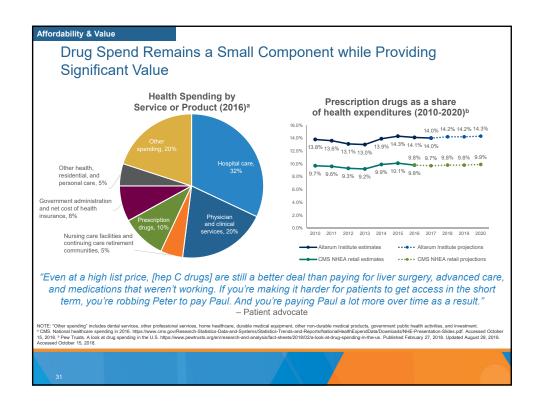
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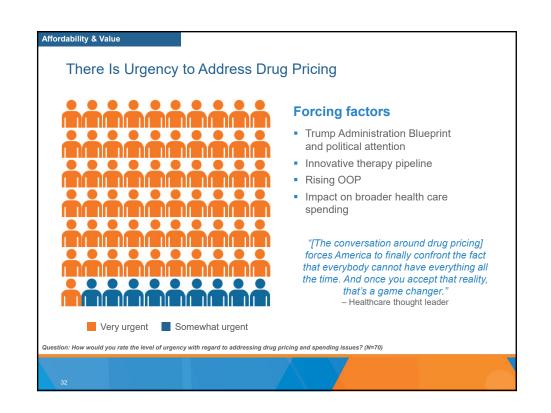


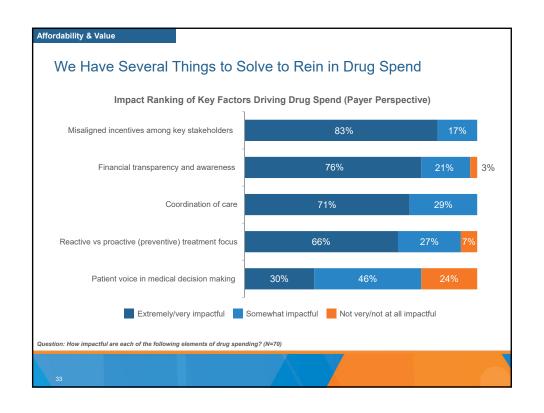


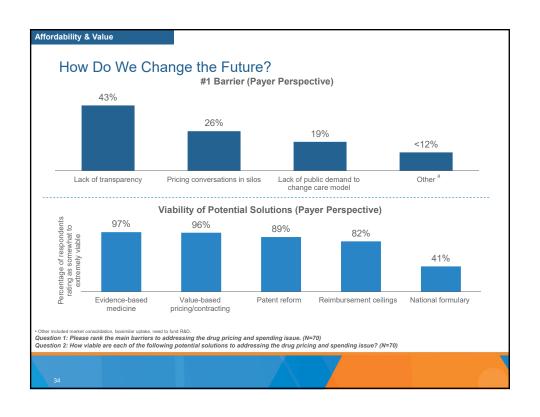


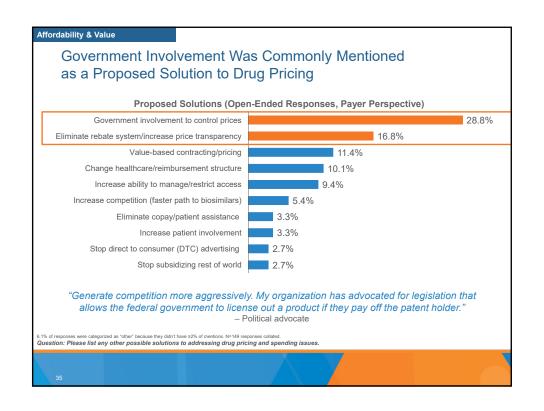








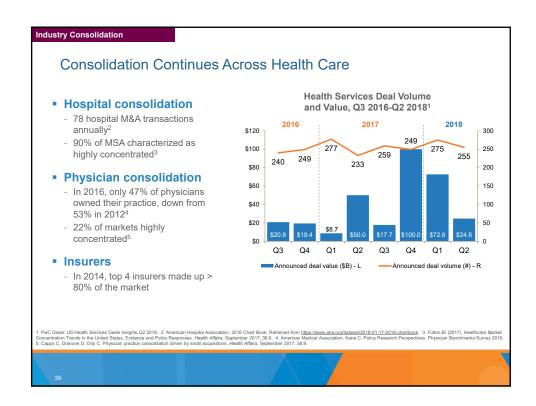


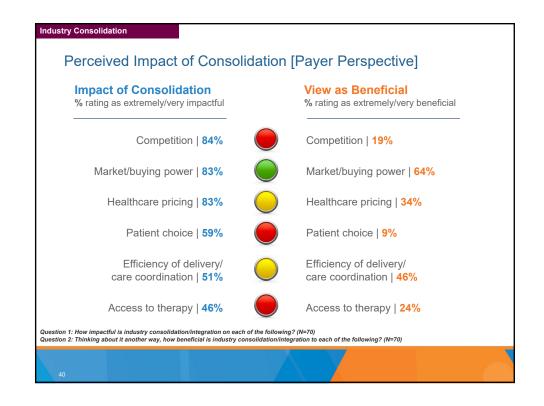


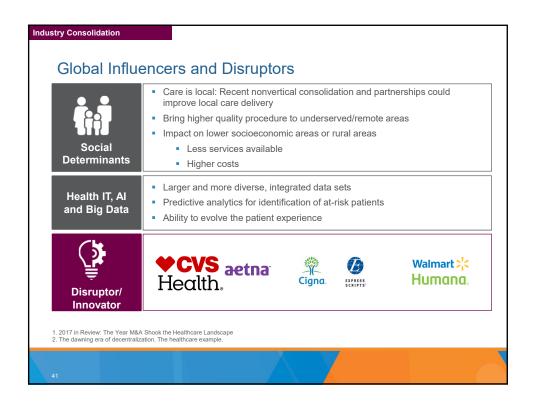


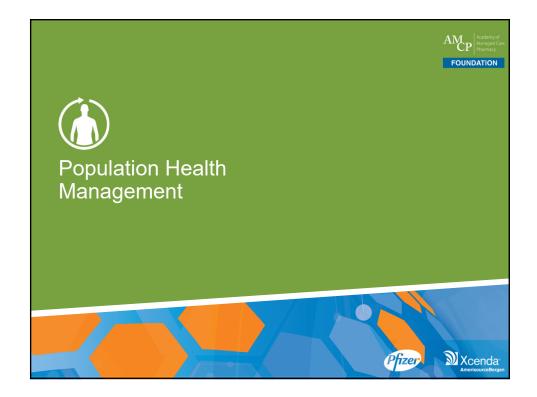


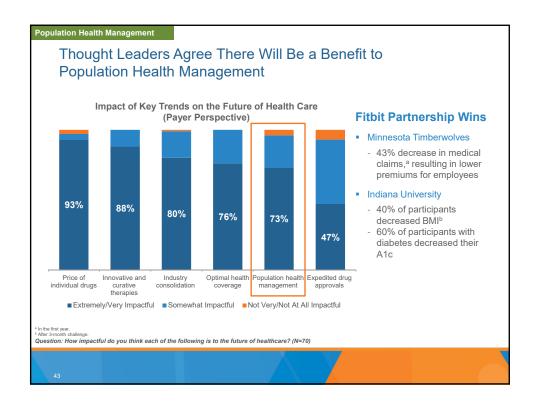


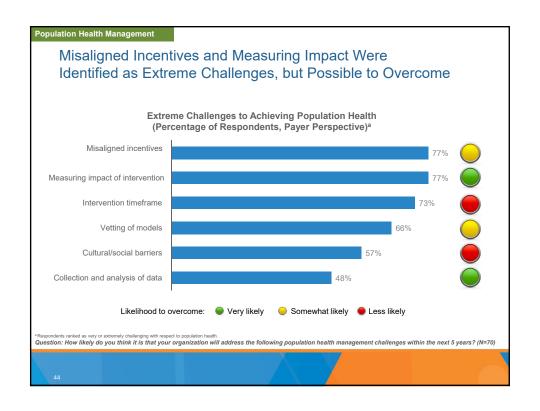




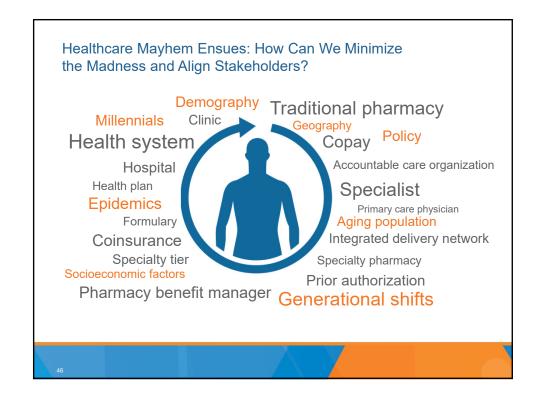








Population health attribute	% of respondents	Details	Disruptors
Integration/data access	28.6%	Data interoperability & aggregation Ability to share/view information	Incorporation of nontraditional data Predictive analytics
Patient engagement	21.7%	Incentives Behavioral science Wearables	Fitbit partnerships Apple Watch from Aetna Health advocates
Change in structure of healthcare system	15.3%	ACO-type model Further consolidation Government/single payer system	CVS/Aetna ESI/Humana ACO model
Multi-stakeholder collaboration/engagement	13.7%	Align incentive Facilitate communication Develop team chemistry	CVS/Aetna merger
Ability to show return on investment	8.6%	Requires longer term follow-up Investment to study models	Big data
Incorporation of social determinants	7.1%	Goals, incentives, and communication vary by social determinants	Personalization of population health
Awareness/education on prevention programs & tools	5.0%	Programs available, but constituents are unaware that they exist	Awareness campaigns to drive utilization Amazon/Google



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Key Take Aways

- Misalignment in incentives is the most common issue across all 6 key trends that must be addressed
- Drug pricing is the current lightning rod, but focus should be overall healthcare spend
- 3. Reimbursement must evolved to handle and invest in innovation
 - Growing support for UK/German type evaluation system
- 4. Concern of continued consolidation with optimism about integration
- 5. Patients are becoming consumer we need to be ready for it
 - Prioritize efforts to increase transparency
 - Growth health care advocates
- 6. Health care stakeholder need to work together to solve these issues, otherwise government intervention will increase

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